



## Family and Caregiver Training (FCAR) Frequently Asked Questions

**What is FCAR?** FCAR is a family and caregiver training service to provide education and support directly to the family caregiver of a waiver participant in order to increase the confidence and stamina of the caregiver to support the participant. Education and training activities are based on the family caregiver's unique needs

### **What Indiana waivers offer FCAR reimbursement?**

The Family Supports Waiver (FSW) and the Community Integration and Habilitation Waiver (CIHW)

**Does FCAR need to be added to the PCISP?** Yes, the Case Manager would add FCAR to the PCISP and the client's annual budget, as they would any other waiver service.

**How much funding is available?** Reimbursement for this service is limited to no more than \$5,000/year for each waiver participant.

**How do I access this service?** If you are a qualifying family member or caregiver for a waiver participant and are interested in education and training, you should contact the participant's Case Manager to determine eligibility and verify available funding.

**How do I pay for the education and training if I'm using FCAR funding?** MDS does not require payment at the time of registration if FCAR is verified as the funding source. If the registrant does not verify FCAR funding and pays out of pocket, the registrant may be reimbursed for this expense if

FCAR reimbursement becomes available after the registrant has already paid for the training.

**Can FCAR be used to train providers?** No, FCAR should only be used to provide education and training directly to the family caregiver.

**Does FCAR reimbursement include other education and training expenses?** No, FCAR may not be used for the cost of travel, meals, and overnight lodging while attending the training program, workshop, or conference.

### **What courses and education topics qualify for FCAR reimbursement?**

- Understanding the disability of the participant
- Achieving greater competence and confidence in providing supports
- Developing and accessing community and other resources and supports
- Developing or enhancing key parenting strategies
- Developing advocacy skills
- Supporting the participant in developing self-advocacy skills

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## FCAR FUNDING

REIMBURSABLE COURSES INCLUDE:



EDUCATIONAL  
MATERIALS



TRAINING  
PROGRAMS



WORKSHOPS



CONFERENCES