



Frequently Asked Questions

What is the Meaningful Training Institute (MTI)? MTI is a program dedicated to providing quality trainings and educational opportunities to individual's families, caregivers, practitioners, and/or community partners.

How do I sign up/access the trainings? You can find a list of our pre-recorded trainings on our website. This is also where you can register for trainings. After registration, we will contact you via email to provide the recording and resources. Access our website by clicking here: [Meaningful Training Institute](#)

What are the trainings about? Our trainings are focused on effective strategies and support for individuals with disabilities and those who help support them. We have a range of topics such as sensory regulation, stress management, anxiety, mental health, employment services, etc. Check out our library here: [MTI Available Webinars](#).

How much do the trainings cost and how do I pay? The cost of each training is listed on our site but are typically \$25 each. We accept both private pay and FCAR funding through the waiver. If you are paying out of pocket, you will pay online when you register. If you are using FCAR funding, you will be asked to provide information on the waiver client and their case manager. We will work directly with your case manager to add the training to the PCISP and annual budget. No payment from you is needed, if FCAR is being used.

What is FCAR? FCAR is a family and caregiver training service to provide education and support directly to the family caregiver of a waiver participant. Reimbursement for this service is limited to no more than \$5,000/year for each waiver participant. Additional information can be found here: [FCAR Frequently Asked Questions](#)

How do I use FCAR? If you are a qualifying family member or caregiver for a waiver participant and are interested in education and training, you should contact the participant's Case Manager to determine eligibility and verify available funding.

How can I give input on training topics and times? We welcome feedback and suggestions. A survey can be completed here: [MTI Training Survey](#)

**If you have a question not listed
please email us at:
MeaningfulTraining@meaningfuldays.net**